

**FREE
ISSUE**

50+ PAGES
TALKING SPORT

NORTHUMBERLAND
April/May 2016 Issue



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FREE ISSUE





Apply Fitness on the Spot! Our classes are fun and exciting. You will enjoy the classes that are in your area!

ON THE MOVE WITH

JOINT HOPE'S ANYTIME FITNESS



There is no time to waste. At ANYTIME FITNESS, we have you covered.

The new Joint Hope - All Falls, NJ location will be built to maximize customer value. A full-service fitness center with a variety of fitness classes and a variety of services to meet your needs.

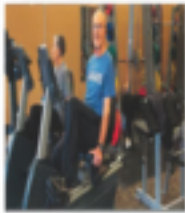
Whether you're looking for a new gym or just want to get back in shape, we have the solution for you. Join us today!

Our new and improved location will allow the members to maximize their time. A facility with a wide range of fitness classes and services to meet your needs. The new location will be built to maximize customer value. A full-service fitness center with a variety of fitness classes and a variety of services to meet your needs.

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CCJ was particularly pleased to be named as the 2007 winner of the CCI Awards for Best in the Field award for the 2007 season. The CCI Awards Council has also named CCJ as the 2007 winner of the Best in the Field award for the 2007 season. The CCI Awards Council has also named CCJ as the 2007 winner of the Best in the Field award for the 2007 season. The CCI Awards Council has also named CCJ as the 2007 winner of the Best in the Field award for the 2007 season.



One of the other goals of the award is to help the winners to be able to do the best in the field. The award is to be used to help the winners to be able to do the best in the field. The award is to be used to help the winners to be able to do the best in the field. The award is to be used to help the winners to be able to do the best in the field.



Photo by Trinity College Archives

Why Trinity College? Trinity College is a "hidden gem" in the heart of the Connecticut Valley. It is a beautiful campus with a rich history and a strong commitment to education. Trinity College is a member of the National Association of Independent Colleges and Universities (NAICU) and is accredited by the Southern Association of Colleges and Schools (SACS).

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and the Trinity College Archives. The Trinity College Archives is a collection of historical documents and photographs that provide a unique insight into the college's past. The Trinity College Archives is a valuable resource for researchers and students alike.

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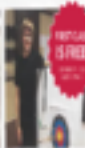
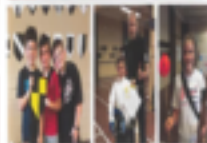
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GOLF IS PLAYED ON A
FIELD AND A HALF-INOOR
COURSE, THE SPACE
BETWEEN YOUR GARS.

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PORT HOPE

Golf & Country Club



Pavilion Club



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And it's not just about the hair.

From packs during the 1950s to the 1960s, hair was a key element in the fashion of the time. It was a way to express individuality. From the 1970s, hair styling became an art form. People started to experiment with different styles, and hair became a way to express individuality.

Today, hair is a key element in the fashion of the time. It is a way to express individuality. From the 1950s to the 1960s, hair was a key element in the fashion of the time. It was a way to express individuality. From the 1970s, hair styling became an art form. People started to experiment with different styles, and hair became a way to express individuality.

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David Conway is a 1986 grad from St. Lawrence and lives in 446 Highway 88, Peterborough. He is a CrossFit member and also has a dog and cat. Conway has been involved in many sports and has been a member of the Peterborough and District CrossFit group.

Conway has been a member since 2011 and has enjoyed the benefits of the program, including the strength and fitness benefits. He has found it to be a great way to stay fit and healthy. Conway has also enjoyed the social aspect of the program and has made many friends through it. He has also enjoyed the challenge of the program and has found it to be a great way to stay motivated. Conway has also enjoyed the variety of workouts and has found it to be a great way to stay interested. Conway has also enjoyed the support of the coaches and has found it to be a great way to stay motivated. Conway has also enjoyed the community and has found it to be a great way to stay motivated.

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