



**Championship Teams:** (Please provide dates):

See attached submission/write-up

**Individual Awards/Citations:** (Please provide dates):

See attached submission/write-up

**\*Indicate if awards/honours are Local, Provincial, National or International**

See attached submission/write-up

**Associations/Organizations/Clubs with whom nominee is/was associated with (local, provincial, national, international etc.)**

CDCI West Athletics

Cobourg Legion Br 133 Track & Field Club

Cobourg Behan Construction Lacrosse

University of Guelph Athletics

Quinte West Men's Soccer League

University of Toronto Faculty of Education Athletics

Peterborough Pistons Basketball Team

Lakeshore Men's Basketball League/Lakeshore Adult Basketball League

Ontario Association of Basketball Officials

Cobourg Board of Approved Basketball Officials

Lakeshore Minor Basketball Association

Northumberland Sports Council

ParaSport Games (2015)

Ontario 55+ Senior Winter Games (2017)

Under 16 National Boys Fastpitch Championships (2017)

RBC Cup Hockey Tournament (2017)

Rogers Hometown Hockey

**If possible, please provide a summary/description of any other additional information that would describe the nominee's outstanding contribution to sport.**

When Paul retired from teaching in 2010, he immediately decided that he wanted to contribute in a significant way to his community. He became involved in the Building Committee for the Cobourg Community Center and served as Chair of the Operating Committee. As a resident of Cobourg, he successfully applied to become a member of the Parks & Recreation Committee, and then served as Chairperson for two years. Looking for another challenge, Paul joined the Team at the United Way, quickly becoming President of the Board of Directors and serving in that capacity for 3 years of his total of 10 years. He is still an active member of this organization.

These contributions to his local community, as well as to sports and athletics, led to a prestigious award through the local Rotary Club of Cobourg - the Paul Harris Fellow, which acknowledges 'individuals who contribute'.

**Newspaper clippings, scrapbooks, photos or sort memorabilia will assist in supporting the application.**

See attached

**SUBMISSIONS WITH INSUFFICIENT INFORMATION WILL RESULT IN THE NOMINATION FORM BEING RETURNED TO THE NOMINATOR BY THE SELECTION COMMITTEE.**

**Additional Information/Comments:**

**I HEREBY CERTIFY THAT, TO THE BEST OF MY KNOWLEDGE, THE ABOVE FACTS ARE TRUE, AND I ENDORSE THIS APPLICATION FOR INDUCTION INTO THE COBOURG AND DISTRICT SPORTS HALL OF FAME**

**NOMINATOR: Shelley Oakman**

**ADDRESS: 169 Henry Street, Cobourg ON. K9A 3Y3**

**PHONE # :** 

**DATE: September 13, 2021**

**Please return completed form to:  
Cobourg & District Sports Hall of Fame  
P.O. Box 45  
Cobourg, Ontario  
K9A 1M8**

## Athletes Of Year

4 — The Okanogan News-Tribune-Mirror, Wed., Oct. 25, 1967

# Paul Allen, Dianne Stacey

## To Get Credit Union Awards At Ceremony On November 12

Paul Allen and Dianne Stacey have been named Okanogan's male and female athletes of the year.

The two teenagers were selected as the 1967 recipients of the annual Okanogan Credit Union awards to be presented at a special November 12 ceremony in the honor of their outstanding performances in several sports.

Allen, an 18-year-old grade 11 student at CDCU West who resides at 278 Hill Street, has the happy knack of doing well in almost every game he tries. The past 12 months have been particularly extensive for and rewarding for him.

In track and field, Paul won his school's senior boys' 100-yard dash, competing with 20 points at the final meet, just last month.

This past spring, he set a new Kawartha triple jump record with a mark of 47', almost two feet better than the previous holder, "Mad" Alf. Allen finished fourth in the Okanogan high school championships in the same event at the CNE.

At the CONGA meet in Trouton, he earned a first place medal in the junior long jump with an record five feet of 21' 7".

In addition, Paul was an important cog of the CDCU West team that won the open 6225 race at the Gold

in relay in Penticton. He also finished well among the leaders in Mark's Barrier the last two times it's been held.

Night of distance at 519' and 149 pounds, Allen will excel on the basketball court, but winter's A-circuit ball means split and, finally, another, he was the scoring star of CDCU West Juniors as they earned South Kawartha cup honors. Paul finished for 146 points, averaging 19.5 points in league play to lead all Okanogan high school basketballers in that department.

Despite only minimal experience, some of it on a competitive basis, Allen performed breakout speed and savvy to emerge as the scoring monarch of Okanogan's Construction Coils in their first season as a member of the Quatre Jours Lacrosse League this summer. He nabbed 31 goals and 25 assists.

Paul knows how to score in soccer as well. He's been a key factor in two successive South Kawartha soccer success for CDCU West. Volleyball is another of his fortes. He was a member of the 1966 Kawartha triads.

Okagan's male athlete of the year is a better than average jumper. That can be attested by the first place finish in the 200-metre event at the first YMYCA

meet at the recreational pool late last summer.

To his everlasting credit, Paul's many athletic activities haven't adversely affected his education. He's maintained first class honors throughout high school.

Both Paul Allen and Dianne Stacey, like their 1968 predecessors John Gray and Sue Harrison, have expressed an interest in pursuing a career in physical education upon graduation.

Miss Stacey, a 16-year-old redhead who lives on Hamilton Avenue, started on the softball diamond, basketball court and in track and field circles.

Dianne joined Cowichan Junior Angels in the province in the Dutton Ladies Softball League.

Named the most valuable girls' basketball player at CDCU East this past spring, Stacey is justifying that honor by scoring most of the senior team's points. Again 100 per cent.

Dianne accumulated the most points of any girl in the recent CDCU East field day. Earlier this year, she was runner-up in the junior girls' high jump at the Kawartha meet and fourth in the state event at CONGA.

An avid swimmer, volleyball player, gymnast and cheerleader, Miss Stacey is in grade 11.



PAUL ALLEN



DIANNE STACEY

WITH CINDERELLA GUELPH GRYPHONS

# Paul Allen key figure for national champions

Calgary's Paul Allen capped his third and final year at University basketball by leading the Gryphons to the Canadian Intercollegiate Athletic Union national championship at the University of Regina.

Excluded in the right team formation as a "last year" entry was either Mr. Mallett

Marshall, who returned the previous year, or the appointed captain.

Gryphons proceeded to sweep three straight games to earn a starting spot.

Allen, a 6-foot-10 guard, played a prominent role in the victory. Three other times, it was he who finished the ball up the floor to set up the offensive charge team for scoring chances. Most often, it was he who handled Gryphons' defense.

Paul also had the distinction of making the most memorable defensive save of the final game. With Gryphons clinging to a precarious two-point advantage over the defending champion St. Mary's Redmen of Seattle with two seconds remaining, he leaped high into the air to block the shot and prevent St. Mary from scoring.

Gault was Saturday's outstanding player.

Allen, like the rest of the spirited Gryphons, did sleep to give that little bit extra during the tournament.

He finished in points in the showdown against the favored Redmen.

Paul, son of Mr. and Mrs. Paul Allen of East Street in Calgary, received 20 points Friday night when Gault defeated George Williams of Montreal, 60-50, in Seattle.

Allen was Gryphons' top scorer in their opening 75-50 victory over second-ranked Acadia University from St. Wolfville, Nova Scotia. He scored 17 points.

The Gault team is coached by Carney Bender, veteran star of the Hamilton Tiger-Cats of the Canadian Football League.

"We had a good win before the Christmas break," explained veteran back court man Paul Gault, whose history described as his first season in a post-game practice. "Then we started off for a while and just started to come back at the end of the regular season."

"We led by six points in Regina in our quarter final, but we lost that game. Another chance we had to make it all the way and they did give us another chance."



**PAUL ALLEN GUELPH GRYPHONS**  
Paul's prominent role in the victory took it to the national championship basketball championship. (Globe and Mail Photo)

PAUL ALLEN NAMED MVP AT NORTH BAY

## Plaza Drifters new All-Ontario intermediate 'D' champions

Plaza Drifters of Cobourg are the 1975 All-Ontario intermediate 'D' basketball champions.

Dennis Clarke's squad wrapped up its first provincial OABA title by sweeping to four consecutive victories at North Bay on the weekend.

In less than a 24-hour period, Drifters defeated Timmins, the eventual consolation winners, by a 58-49 score Friday night before trimming Owen Sound 85-60, Woodstock 80-65 and Sault Ste. Marie 81-64 in that order on Saturday to gain possession of the Vern McDonald trophy and earn individual plaques.

The crown, attained via a superb team effort, was especially gratifying for coach Dennis Clarke, the man who has kept intermediate basketball going in Cobourg the past 13 years.

A high school teacher at CDCI West, Clarke noted that all the players on the team, except for himself, had played high school basketball at the West Collegiate at one time or another, including pickup Allan Burnham (now studying at Guelph University) who contributed generously in the victory process.

Other than being delighted by the way the Plaza team performed, Clarke said he was impressed how well organized the tournament was on this big sports weekend in North Bay and by the quality of the officiating. "I've never seen better refereeing," he lauded.

Pattern in most of the games, he stated, was to jump off to a comfortable first half lead. A letdown seemed to follow but Drifters always perked up in the latter stages to insure their wins.

Guard Paul Allen was selected the most valuable player in the ten-team tournament and named to the tourney's all-star team as well.

A member of the 1974 Canadian champion University of Guelph Gryphons, Allen held a hot hand, shooting an estimated 70 per cent from the floor, due to his own ability and to the ability of teammates to get him open.

Allen finished with 134 points in the four games, an average of 33½ points per game.

Paul sank 30 in the Friday night opener against Timmins. Wayne Wilson collected 11, Rick LaBrash and Blair Culham 4, Al Burnham 3, Gord Anderson 2 and Tony Chanko 1.

Against Owen Sound, Allen splurged for 40 points while LaBrash counted 11, Wilson 8, Paul Vorvis and Culham 6, Burnham and Clarke 5, and Chanko 4.

Leading the way against Woodstock was Allen with 39 points. LaBrash notched 11, Bob Burge and Wilson 8, Pete Peiponen, Vorvis and Burnham 4, and Culham 2.

In the roughhouse final against the Algoma College team from the Sault, Allen managed 25 points, Wilson 14, Burge 13, LaBrash 8, Burnham, Culham and Vorvis 5, and Peiponen 3.



# Basketball coaching (2):



**Kawartha champions** — Cobourg West Vikings were crowned as Kawartha senior 'AA' champions for 1988 at the district tournament Tuesday at their school. The triumphant crew includes Dave Quigley and Pete Cameron assuming Playboy poses; next row

— Jody Bevan, Aaron Taylor, Deric Quarmby, Ben Simonsen. Back row — coach Art Daigamo, Rob Baker, Jay Abraham, Larry Bowness, Brian Collings, John MacDonald, John Wilson, coach Paul Allen. Missing from the picture is Dave Blackburn.

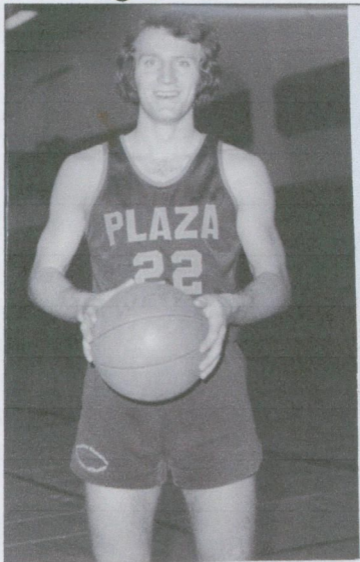
Photo by Terry East



# University of Guelph (3)



# Men's League:





PAUL ALLEN scored 4 goals and arranged 2 others in leading Bethan Junior Cubs to their initial Ontario Lacrosse Association win. Allen, a 145-pounder in his fourth season with the Cobourg team, is one of the hardest shooters on the team and regularly one of its most prolific postmen.

(Layton Dodge Photo)

## Soccer – Cobourg United (2)

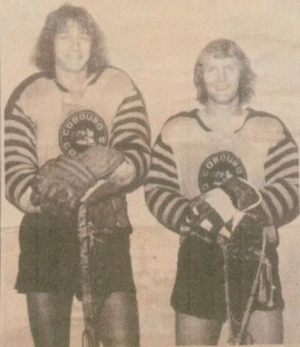


Peterborough Pistons:





# Rick LaBrash top pointgetter for Behan Cats



**ROOKIE EDGES JUNIOR CLUB'S ALL-TIME SCORING LEADER**

**RICK LABRASH**  
1972 Point King

**PAUL ALLEN**  
Rookie-Up Age

Sensational rookie defenseman Rick LaBrash is the 1972 scoring champion of Cobourg's Behan Junior Cats.

LaBrash waged a season-long duel with the lacrosse club's all-star sniper Paul Allen to edge the four-year veteran left-winger for top honors in Cats' first session as a junior. C entry in the Ontario Lacrosse Association.

Rick piled up a club record of 86 assists, many of them as the stickman on the power play, in Cats' 32 scheduled, exhibition and playoff games to beat out the speedy Allen by 7 points.

This marks the third straight year that Allen, scoring champion of Cats the first season he played junior lacrosse back in 1969, has finished as runner-up to a teammate in the point parade. He played second fiddle to Randy MacGregor the past two years. In any event, Paul's goal output of 86 this summer is a club record and it helped him to take over as Cats' all-time scoring leader with 266 points (including Quince League playoffs).

Team statistics show Cats won 11 games and lost 21 this year, being 302 goals and yielding 66.

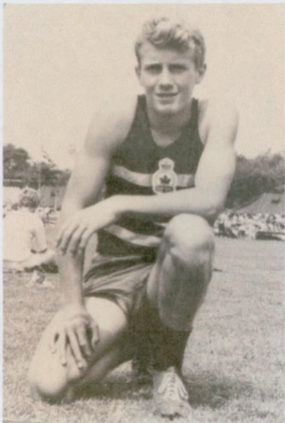
	G	A	Pts.	PIM
Rick LaBrash	47	86	127	101
Paul Allen	86	32	126	47
Herrin Jansen	31	44	77	50
Murray Callacott	27	43	70	76
Tom MacCossaid	25	32	47	46
Dave Zealand	21	28	49	41
Paul Smith	33	23	46	90
Don McMillan	32	5	37	94
Roger Winter	6	34	34	9
Brian McKinlay	11	22	33	85
Ray Simpson	16	16	36	16
Vince Corder	14	5	19	15
Glen Lawson	7	10	17	12
Randy MacGregor	9	5	14	120
Bowie Sheppard	11	1	12	13
Rick Callacott	2	8	10	4
Geoff Lawson	2	7	9	0
Brian Sauter	5	5	8	0
Alan Sheppard	2	5	5	12
Wayne Smith	1	3	4	6
Glen Tarkington	2	1	3	7
Pat McNamara	1	2	3	4
Greg Gallagher	0	2	2	0
Brent Tapscott	0	1	1	2
Keith Munroville	0	0	0	0
Chris Varn	0	0	0	2
Cam Morrison	0	0	0	1
Vic Debnickas	0	0	0	1

Lacrosse (2):





## Track & Field – Legion:







COSSA volleyball champions: Front Row, from left — Dave Mitchell, Dennis Smith, Paul Allen, Joe Roddy; Back — coach Dennis Clarke, George Ferguson, Jim Clark, Carl Bax, Steve

Coe, coach Jerry Lawless. Missing from photo are Robie Cartile, Tom Thomson, Tim McMurdo and Roger Winter.

— (Staff photo)

## Paul Edward Allen

Paul Allen enjoyed a fantastic, if somewhat average, childhood in the west end of Cobourg, growing up playing in the fields with his friends, going to school at the 'new' Burnham Public School and splitting his time between his home there and his Aunt's home in Hastings, where he spent most of his summers, teaching swimming and helping his parents with their various volunteer and paid positions in those two communities.

When Paul started High School at Cobourg District Collegiate Institute West, little had changed. He settled in to his studies and proved to be a pretty decent student. His parents were proud of him. But Paul wanted more. Even though he had never played a sport or been a member of any athletic team, he wanted to try out for sports. His parents were afraid that he would get hurt and wouldn't consent to his participation. It took the Head of Guidance, Major Fred Brown to convince his parents that he'd be okay and they finally consented when Paul was in Grade 10.

Having had little to no exposure to this kind of lifestyle, Paul went all out. He got involved in basketball, which became his passion sport. He made all the teams, played tournaments and won numerous awards. As a Junior and Midget, he played tournaments with the Senior Team. Over those four years, he was Captain of the Team, MVP, high scorer, and boasted the best stats. The Team attended District and Provincial Championships and won numerous invitational tournaments.

In Track & Field, Paul excelled in the both triple and long jump. In triple jump he received 4 District (COSSA) gold medals, along with a record that still stood at the 100th anniversary of the High School. He also placed 2nd and 4th Provincially (OFSSA) over his time in High School. In the long jump, Paul won 3 gold medals at District meets and competed at OFSSA. He was successful in being named the school's overall Senior Boys Track & Field Champion in 1969.

Volleyball, Soccer, Cross-Country and Football were also sports in which Paul excelled. Awards and accolades were abundant, both individually and for the Teams. In 1969, his final year of High School, Paul shared the CDCI West Male Athlete of the Year award.

To put the cherry on top, Paul was named the Town of Cobourg's (sponsored by the Cobourg Credit Union) 'Male Athlete of the Year' in his final year of High School.

His athletic abilities caught the attention of Jerry Lawless, Phys Ed Teacher, who encouraged Paul to join the Cobourg Legion Track & Field Club, where Jerry also did some coaching. Paul was part of that Legion Team from 1965-67 and competed in a number of meets and competitions, including participating in the Eastern Canadian Championships in New Brunswick in 1967.

And if that didn't keep him busy enough, Paul joined the Cobourg 'Behan Construction Cats' Junior C Lacrosse Team in his last year of High School. Paul was both Assistant Captain and Captain for full seasons, as well as the leading scorer on a regular basis.

In 1969, Paul went off to the University of Guelph to study Human Kinetics. His primary interest, however, was to play basketball for the Guelph Gryphons, under the coaching leadership of Garney Henley, who was also a current CFL player with the Hamilton Tiger Cats at that time. Paul tried out for and made the Gryphons Team and played Junior Varsity for 2 years. In his 3rd year, Paul was named the MVP at the season opener invitation tournament and was elevated to the position of starting guard on the Gryphons.

In his final year of University, the 1973-74 season, the Gryphons earned the wild card spot for the Canadian University Basketball Tournament, where they bested the St. Mary's Huskies in the finals to secure the Championship. Paul seldom came off the floor in the 3 games, one of which went into double overtime.

When he wasn't playing basketball or studying, Paul also played varsity volleyball during his first 2 years, as well as became involved in orienteering, competing for the University of Guelph at the Canadian Orienteering Championships in 1972. Throughout his 4 years at Guelph, Paul became a carded volleyball referee and regularly officiated at High School Tournaments through the Guelph Region.

Upon graduation, Paul maintained his involvement in sports, joining the Cobourg Men's Basketball Team, the Plaza Drifters (later to become the

Kelly's Hotel Drifters) on which he played for more than 30 years, from 1974-2007. In 1975, Paul assisted the team in winning the Ontario Intermediate 'D' Championship Title, in which he was named 1st team All-Star and Tournament MVP. He was also part of an inter-faculty basketball league in Toronto, where he travelled once or twice a week to play. He was a top scorer on his team and a league all-star.

Despite having graduated from Guelph, his former basketball coach, Garney Henley, contacted Paul in 1975 and asked him to accompany the Guelph Gryphons to South Dakota to play for an injured guard. Paul helped the team advance to the finals. Shortly afterwards, Garney again availed himself of Paul's talents, asking him to join them for a tournament to West Virginia, where Paul helped the team reach the finals, only to be beaten out for the title.

Meanwhile, the Peterborough Pilon Pistons had been courting Paul and he became a team member of this intermediate 'B' team in 1976. He played with them for 10 years, honing his skills and winning numerous tournaments, along with personal bests in scoring and MVP awards.

But basketball isn't a year-round sport, so Paul also played soccer with the Cobourg Soccer Club Men's Travelling Team with the Quinte Soccer Association.

If that wasn't enough to keep him busy, Paul was commuting daily to Toronto for Teacher's College in 1975-76. He landed a teaching position at CDCI West beginning in September 1976. One of his goals was to become a basketball coach at the High School level and he regularly assisted his mentor and friend, Art Dalgarno, in this regard, for a few years prior to securing the teaching position.

In 1978, Paul decided he wanted to give hockey a try. He'd never had a pair of skates on his feet before then, so it was a steep learning curve. He ended up being pretty good at it, playing in a number of local leagues for 15 years.

In order to better assist his students at the annual week-long outdoor residential educational retreat, Paul became certified as a flat-water kayak and canoe instructor.

Paul regularly caught the eye (and camera lens) of Layton Dodge who wrote numerous stories and filled pages of the local Sports Section with write-ups and photos of Paul's accomplishment and awards. Paul's mother faithfully saved those newspaper articles and amassed a large collection over the years.

Throughout his 33 years of teaching at the West High School and his 37 years of coaching basketball, Paul impacted the lives of many a young man, both on and off the Court. He helped to transform an ailing adult basketball league comprising teams from along the lakeshore (Oshawa to Peterborough to Belleville) into the Cobourg Men's Basketball League, which later became a practice venue for his Senior High School teams. This totally changed the face of Senior Basketball at the West High School considerably, making them a much more competitive team, able to hold their own with bigger schools. 3 COSSA Championships in 1982 (with Dennis Clarke), 1984 & 2008 (with Art Dalgarno) can attest to that. Under 'Lakeshore Adult Basketball League', this league still exists to this day.

Seeing a gap in competitive play for middle school boys, Paul and Eugene Todd developed the Lakeshore Lynx Rep Team in 2002, coaching one of the age groups through 2 Provincial Championships, for 8 years before turning over the reigns to others. This program still exists for Youth from ages 8-16.

In 1998, Paul was looking for a place for his youngest son to play basketball and was introduced to the Lakeshore Minor Basketball Association, a Saturday morning program that had been running for a couple of years out of a few local schools. Over the course of the next 23 years, Paul served the LMBA in both a Coaching and an Executive capacity (Convenor, President, Scheduler).

To keep his hand in everything athletic that he could, Paul has been a carded official for 50+ years for Volleyball and Soccer, as well as a Track & Field Starter. He became a basketball official in 1978 and continues that to the present, winning a Provincial Award in 2018 for 'Contribution to Community'.

In 1985, Paul's friends talked him into joining a slo-pitch team and despite the fact that he had never played any form of baseball before, he proved to be a valuable asset to them. He continued playing slo-pitch for more than a

couple of years and transitioned over when they became a 'Masters' team. With his Team, he attended Provincial finals on 4 occasions, regularly making at least the quarter-finals and winning the "C" Championship one of those times. He continued to play recreationally until his retirement.

As a young man, Paul looked up to 3 men, all Teachers and Co-Coaches and he felt infinitely lucky to call them all his friends. The one thing that all of them held in common and instilled in him was the 'pay it forward' mindset. And he wanted to make Art Dalgarno, Dennis Clark and Jerry Lawless proud with his efforts.

Since his retirement from teaching in 2010, Paul has turned his hand to volunteering and he has a hard time turning down anything sports-related. He was co-chair of Sport Technical for the ParaSport Games in 2015, Co-Convenor of the Ontario 55+ Senior Winter Games in 2017, assisted with the Under 16 National Boys Fastpitch Championships in 2017 and the 2017 RBC Cup Hockey Tournament. Paul also acted as Volunteer Co-ordinator for the Rogers Hometown Hockey Event in Cobourg. He has been involved with the Northumberland Sports Council since it's inception, 20 years ago, and is currently co-chair.

Paul is the 2021 recipient of the Sportsmanship Award (Cobourg Civic Award), which is presented annually to a coach, official or sports organizer who has shown outstanding leadership in contribution to Cobourg's sports and recreational community.