

COBOURG BEHAN CATS



O.L.A. Jr.
Lacrosse Club

1972 Official Programme

We extend our best wishes to

Cobourg's Behan Cats

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TOWN OF COBOURG
Mayor's Office



On behalf of the people and the administration of the Town of Cobourg may I take this opportunity to wish Behan Cat Junior Lacrosse Team success upon their entry into the new league. We appreciate the efforts of the sponsor, the managers and the coaches and we hope their efforts will be rewarded by an encouraging season.

To all those from outside our boundaries who journey to Cobourg as spectators and players we wish them a pleasant and enjoyable sojourn in our Municipality.

May we close by saying thanks for this opportunity to express our gratitude and to leave a small word of advice to the players, "if you play a sport be one".

Yours faithfully,

A handwritten signature in cursive script, reading "J. Heenan", with a horizontal line underneath.

J. A. Heenan,
Mayor.

THE ORIGIN OF LACROSSE

Lacrosse was originated by the North American Indians. It is the oldest known athletic contest on the North American continent and one of the oldest organized games in the world. It is highly probable that it was played as a formulated pastime by the Indians as far back as we know Polo to have been by the Persians.

We are told by Catlin, an early explorer and writer, who wrote several interesting descriptions of games he had witnessed over 150 years ago, that the game was a firmly established institution among the North American Indians. He found forty-eight tribes and separated by a distance of three thousand miles, playing the early form of the present lacrosse in a way that proved it to be well established. The Indians called the game "baggataway" (meaning ball game). Catlin named it "ball play", and early French colonists called it "La Crosse" because the sticks the Indians used in the early days resembled a bishop's crozier.

Here Is How To Watch A Lacrosse Game

Is this your first lacrosse game?

If it is, let an oldtimer give you a few pointers on how to watch it.

Lacrosse, we might say briefly, is a six-man game — three forwards, two defencemen and a goaltender. They are all intent on two things, putting the ball in the other fellow's net; and, reducing their opponents to pulp as quickly as possible. As in any other game, the first rule is — watch the ball! In lacrosse the ball is rather small, but has more bounce than a kangaroo, being made from pure Indian Rubber. The ball is solid, heavy, has an astonishing bounce and is passed with lightning speed by the players. Sometimes it bounces into a spectator's lap or into someone's mouth (if big enough), in that case, we just get another ball and continue the game.

The floor is divided into three areas, defined as Centre Zone, Defensive Zone and Attacking Zone. One club's Defensive Zone is their opponents' Attacking Zone.

Then there are two fellows in striped shirts who actually do not play in the game, but do a lot of running and blowing whistles. These "referees" run the game and see to it that everything is done fairly between the two teams.

Lacrosse is so fast and exciting that all you will remember about the first game is a blur, and how many times the chap next to you poked you in the ribs while cheering for his favourite team. By your second game you will have a favourite team; and, by your third game you will be poking the chap next to you in the ribs.

EXECUTIVE MEMBERS

Cobourg Behan Cats Lacrosse Club



HANK RIETSMA
Secretary-Treasurer



TOM BEHAN
President



GLEN SMITH
Director



BILL ROBINS
Team Manager



MARTIN HOFMAN
General Manager



LEN CALLACOTT
Coach

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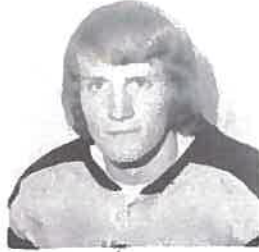
38 King Street West
Cobourg

BETTE DUNCAN

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Travel Agency

9 KING STREET WEST, COBOURG, ONTARIO
TELEPHONE AREA CODE 416-372-3351-2



PAUL ALLEN

Age: 21. Height: 5'9". Weight: 145 lbs.
Assistant Captain, returns to the Cats for the 4th term. Fine ball carrier, plays left forward and is a master at picking corners on the left side of the net. A clever lacrosse player and fine defensive forward.

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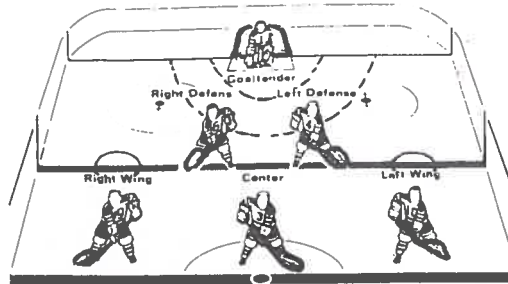
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For Your Information!

The Six Men On A Lacrosse Line



WHAT THEY DO

GOALKEEPER – The goalkeeper's main responsibility is to keep the ball from entering the goal and there are no restrictions placed on the methods he can employ. His offensive contributions are limited and consist of passing the ball up to his defensemen or forwards to start a rush. A goalkeeper never scores a goal and only on rare occasions does he receive credit for an assist.

DEFENSEMEN – Basically the two defensemen try to stop the incoming play at their own blue line. They also block shots, clear the ball from in front of their goal and watch the opposing forwards. Offensively they carry the ball up the floor or pass the ball up to the forwards, then follow play into the attacking zone and help to keep it there.

CENTER – The center operates mostly up and down the middle of the floor and usually leads his team's attack by carrying the ball. He sets up plays by exchanging passes with his two wingmen and tries to steer the play in towards the opponent's goal. Defensively he tries to keep the play in the attacking zone by harassing the opponent's ball carrier. (Forechecking) After the opposition works the ball out of their end of the floor he tries to interrupt their playmaking as it moves through the neutral zone and into his defending zone. (Backchecking).

WINGS – The two wings move up and down the sides of the rink with the direction of play. Offensively they run abreast of the center exchanging passes with him while positioning themselves for a shot on the goal. Defensively they watch the opponents wings and try to disrupt their playmaking and shooting as the action moves back towards the defending zone. (Backchecking).

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MURRAY CALLACOTT

Age: 21. Height: 6'1". Weight: 175 lbs.
Assistant Captain, returns for the 3rd term. Murray plays with 100%
desire every game, uses his head and can score goals in abundance.
One of our finest centre forwards.

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HERM JANSEN

Age: 21. Height: 6'. Weight: 165 lbs.
In his 3rd year with the Cats, Herm plays right defence, and should
do a bang-up job. Extremely fast, a hard shooter, and a tough
defender makes Herm a valuable asset of the Cats.

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PAUL SMITH

Age: 19. Height: 5'10". Weight: 160 lbs.

Cats Captain, one of the finest ball handlers in his 4th year with the Cats, Paul is one player that never slows down, he uses his head and makes the big play.

CALL THE PLAY THE REFEREE'S WAY WITH LACROSSE SIGNALS



ICING
Arms folded across the chest.



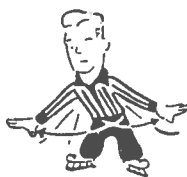
HOLDING
Clasping either wrist with the other hand well in front of chest.



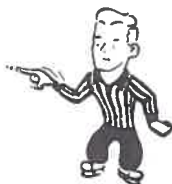
SLASHING
A series of chopping motions with the edge of one hand across the opposite forearm.



CHARGING
Rotating clenched fists around one another in front of chest.



"WASH-OUT"
Both arms swung laterally across the body with palms down.
1. When used by the Referee it means goal disallowed.
2. When used by the linesman it means there is no icing or no off-side.



DELAYED CALLING OF PENALTY
Referee repeatedly points, with free hand (without whistle) to player to be penalized until play is stopped.



SLOW WHISTLE
Either arm, in which whistle is held, extended above head. If play returns to Neutral Zone without stoppage, arm is drawn down the instant puck crosses the line.



CROSS-CHECKING
A series of forward and backward motions with both fists clenched extending from the chest.



ELBOWING
Tapping either elbow with the opposite hand.



HOOKING
A series of tugging motions with both arms as if pulling something toward the stomach.



TRIPPING
Extending right leg forward, clear of the ice, and striking it with right hand below the knee.



HIGH-STICKING
Holding both fists clenched, one immediately above the other, at the height of the forehead.



TOM MacDONALD

Age: 19. Height: 5'5". Weight: 135 lbs.
Tom returns for the 4th term. One of the smartest lacrosse players on the club, plays left forward, scores regularly and once in front of the opponents' net can hardly be beaten.

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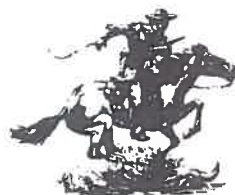
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DAVE ZEALAND

Age: 19. Height: 5'7". Weight: 145 lbs.
Returning for his 3rd term, Dave is a fast runner and good hustler. The tempo of any game can be matched by this good goalscorer and fine defensive forward.

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ROGER WINTERS

Age: 20. Height: 5'8". Weight: 150 lbs.
3rd year regular, Roger's fine goaltending put the Cats into the Quinte Championship last season. Looks extremely sharp in goal with real cat-like moves. This could be Roger's best year yet.



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GREG GALLAGHER

Age: 21. Height: 5'7". Weight: 145 lbs.
Greg returns for his second year as goaltender for the Cats. In the past season he posted an enviable record in goal, and again should provide excellent goaltending for the Cats this season.



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HOWARD SHEPPARD

Age: 19. Height: 5'8". Weight: 150 lbs.
Howie is a product of Mississauga where he played minor lacrosse. A fine lacrosse player, lots of trouble for the opponents, playing right forward and full of desire. We know that his style will please the Cat fans.

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RICK LaBRASH

Age: 17. Height: 6'3". Weight: 170 lbs.

This will be Rick's first year as a Cat after coming up from midgets. He caught coach Callacott's eye with his steady defensive play. We look forward to a good season for Rick on defence.

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CAMERON MORRISSON

Age: 17. Height: 5'4". Weight: 120 lbs.
Cameron came up from the midgets and joins the Cats for his first season. His natural ability proved to management that he rates a spot on the junior club, and should make a fine offensive forward.



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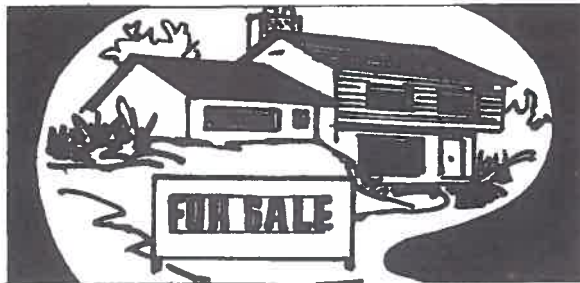
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BRIAN MacKINLEY

Age: 19. Height: 5'11". Weight: 165 lbs.
Brian is a second year Cat and commands respect from other teams. A rugged lacrosse player that keeps the opposition off balance around his own net.



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ALLEN TOMASO

Age: 18; Height: 5'8". Weight: 140 lbs.

This is Allen's first year with the Cats. A heady lacrosse player, he is hard to get around in a one on one situation and should be a real asset to the defence.

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PAT McNAMARA

Age: 19. Height: 5'5". Weight: 150 lbs.

Pat is in his second year and is a strong runner and player. He uses his head to make the classic play, plays right forward and is a fine backchecker.



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ALLEN SHEPPARD

Age: 18. Height: 5'11". Weight: 172 lbs.
In his first year with the Cats, Allen is a tough competitor, and plays alert lacrosse on left defence. Always gives one hundred percent and is a valuable addition to the club.

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RAY DABUZINSKAS

Age: 19. Height: 5'10". Weight: 205 lbs.

This is Ray's 2nd year with the Cats and has improved considerably over last year. He should be a good solid addition to the Cat defence showing a lot of desire and spunk.

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RAY SIMPSON

Age: 17. Height: 5'8". Weight: 120 lbs.
Ray comes to the Cats from the midgets where he posted the most enviable record in goal scoring. He will go all out to earn his place as a regular with the Cats.



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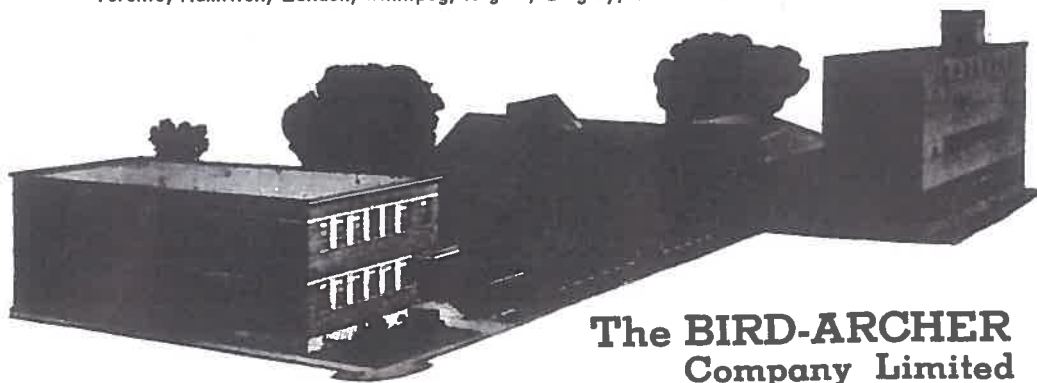
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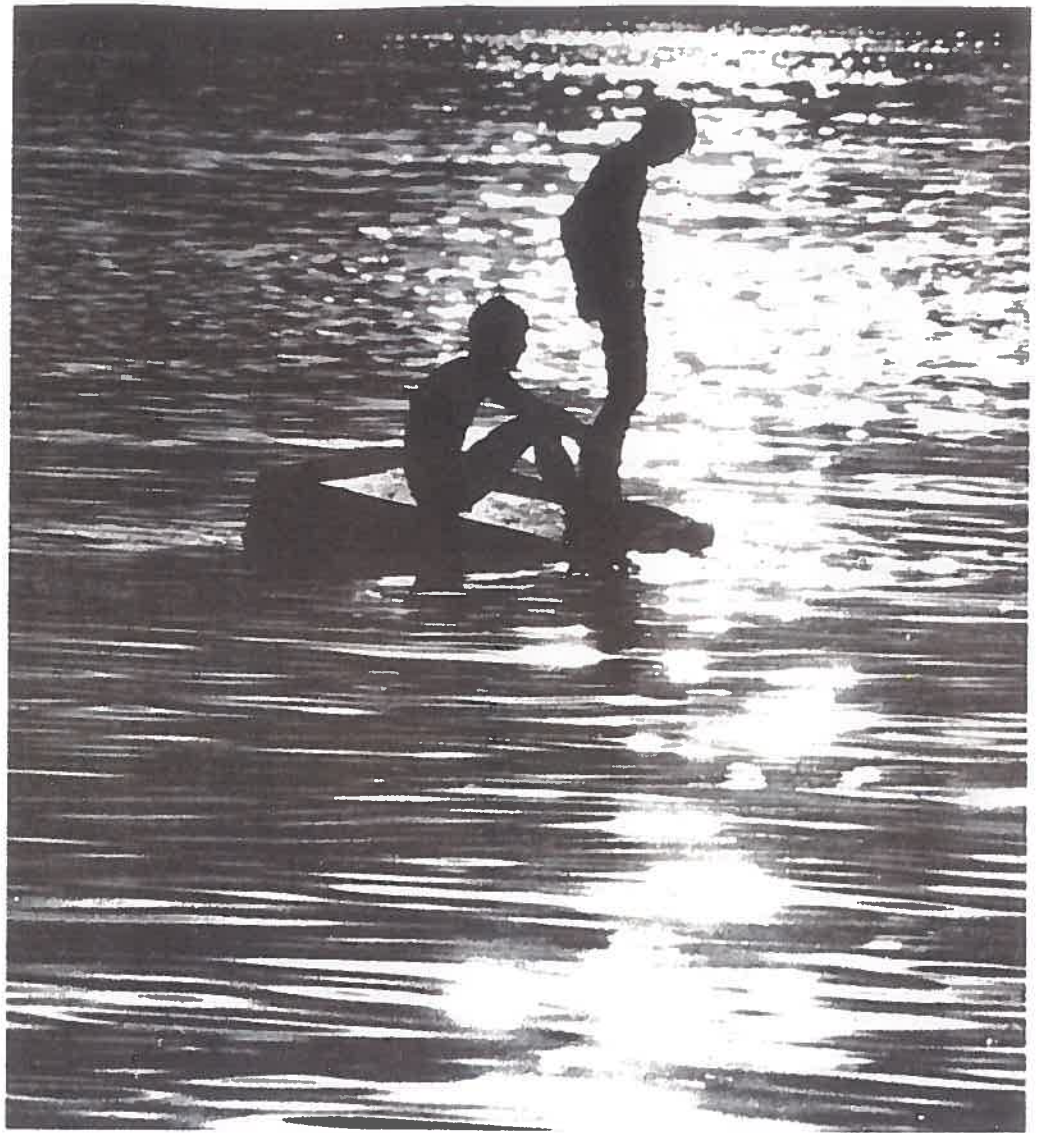
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